



Candy Cane Invitational

NS Age Group Development # 3 SCM - December 15 - 17, 2017
Hosted by DARTMOUTH CRUSADERS SWIM CLUB

LOCATION: Centennial Pool, 1970 Gottingen St Halifax, Nova Scotia
(902) 469-8610 darcrusaders@eastlink.ca
6 lanes 25 metre Competitive Pool

SANCTIONED BY: Swim Nova Scotia
Short Course Competition

MEET MANAGERS: Beth Casey
beth23casey@gmail.com
Patrick Rooney
prooney@dexter.ca

REGISTRATION: Beth Casey
beth23casey@gmail.com

MEET REFEREE: York Friesen
yorkfriesen@gmail.com

Officials wishing to volunteer at this event, please email
Maureen Nolan memejejedede@gmail.com for those wishing to be
lane timers or; York Friesen yorkfriesen@gmail.com for senior
official positions.

ENTRY DEADLINE: Teams must upload Hy-tek entries to the National meet system.
Entries are to be received no later than: **Friday, December 8th,
2017 at 6pm**. Entries received will be acknowledged by e-mail on
or before Monday, December 11th. No further changes will be
accepted following confirmation of entries.

A schedule of times and event numbers is attached for reference.

ENTRIES & FEES: Entry Fee \$45.00 per swimmer for individual events.
Relay Events Free



Cheques are payable to DCSC or Dartmouth Crusaders Swim Club
and are to be delivered in the amount due to the meet manager on
the first day of the meet. **Fees are based on confirmed entries
received by the entry deadline.** There will be no refunds. No cash
will be accepted on the pool deck. One Cheque only per Club.

There is a **maximum of 6 individual events** per swimmer. Meet
management reserves the right to restrict entries and change events



should session time outs exceed pool availability.

Deck entries are at the discretion of Meet Management and only to fill empty lanes. No substitutions accepted.

SCORING: 50-30-20-15-14-13 for Individual and relay events.

ELIGIBILITY: To compete in relay or individual events, swimmers must have a 200 IM time under 3:55 and 200 Free under 3:40. NS swimmers must be registered with Swim Nova Scotia. Out-of-province swimmers must have the 2017-18 NS Provincial Championship Standards. <http://www.swimnovascotia.com/wp-content/2016/07/2017-18-NS-Senior-Standards.pdf>

PARA and SO entries are encouraged. Include custom, best estimate of times if a race time not already established.

SEEDING: The meet is an Age Group Development Meet in accordance with the Nova Scotia Rules and Competitions 2017/18. All events will be run as open events and Ranked by Age group. Swimmers will be separated by age group and gender for Finals as follows;

Female & Male (13&U, 14-15, Open)

“A” Finals for all age groups in each gender will be swum provided there are at least 12 eligible swimmers in the preliminary event. “B” Final for each gender, made up of the next fastest six (6) swimmers (regardless of age) will also be swum.

Preliminary Events will be seeded slowest to fastest for all events except the 400m/800m/1500m Free events. Accurate session time out is aided by the submission of time with all entries; entry of a time rather than NT would be appreciated.

MEET RULES: SNC rules will govern the meet. Please refer to Swim Nova Scotia COMPETITIONS RULES AND GUIDELINES 2017-2018 (www.swimnovascotia.com) for details.

PROGRAM: Swimmers may **enter only one of either the 1500 or 800 Freestyle** events.



The 400m/800m/1500m heats will be run fastest to slowest alternating Gender. Meet management reserves the right to swim two (2) per lane for all distance free events. Note that the Fastest Heat of the 800m & 1500m will be swum during Finals. This Heat may be mixed gender and finalized after entry deadline. Meet management reserves the right to double up the fastest heats.

All 100 metre events will be for the 13 & Over age groups only.

Relays will be swum by gender and age group (Female 13 & Under / Female 14 & 15 / Female Open as well as Male 13 & Under / Male



14-15 / Male Open). Maximum of 3 relays per team in each age group and gender. Athletes may swim up an age group, if there are two (2) swimmers of the correct age in the relay event. No athlete will be allowed to swim down an age group.

Meet Management will initiate breaks as required.

OFFICIALS:

Clubs seeking deck experience for officials should submit name/position requests to meet referee York Friesen.

Clubs are reminded of the SNS policy for participating clubs to contribute officials. Clubs entering 3 or more swimmers are to provide at least one official per session. Clubs entering 20 or more swimmers are required to provide at least two officials per session. Officials' names should accompany entries.

AWARDS:

Ribbons awarded 1-3rd place inclusive in all individual events only. Ribbons will be awarded for 12 and Under Best Time swims.

WARM-UPS:

SNC Warm-up competition safety procedures will be in effect. Coaches will be notified of any change in the schedule. Meet management will make the decision not to block Friday warm-up if entry load is low.

Centennial Pool has advised that the number of swimmers per lane during warm-ups will be restricted. Meet management will advise of the warm-up blocks on or before Dec. 11. It is anticipated that there will be three blocks on Saturday and Sunday morning with warm-up start times moved to 7:30 am.

Warm up times and blocks will be dependent on the number of entries for each session. Continuous warm-up/down will be available in the shallow end.

ACCOMMODATION:

Atlantica Hotel, 1980 Robie St, Halifax NS:

<http://www.atlantichotelhalifax.hotelsone.com>

Call and refer to Dartmouth Crusaders Club for a discounted rate of \$115+ tax. **Reserve by December 5, 2017** – 902-423-1161

Rooms are available Thursday, Friday & Saturday night.

SUPERVISION:

Supervision of athletes while at the pool and between sessions is the responsibility of the legal guardian and/or the person(s) assigned by each participating team for their athletes. It is not the responsibility of the host club: Dartmouth Crusaders.

Parents and guardians are advised that access to the pool deck is restricted to swimmers, coaches and officials. Please feel free to volunteer as an official if you would like to be on deck during the meet!



| Session #1: Friday Dec 15th, 2017, Preliminary Heats | | | |
|---|------------------|-----------------------|-------------|
| Warm Up 7:30am – 9:00am, Meet Starts 9:00 am | | | |
| FEMALE | Age Group | EVENT | MALE |
| 1 | All | 200m Freestyle* | 2 |
| 3 | All | 200m Butterfly | 4 |
| 5 | All | 400 Individual Medley | 6 |
| 7 | All | 50m Backstroke | 8 |
| 9 | All | 200m Breaststroke* | 10 |
| 11 | All | 800m Freestyle** | 12 |
| *- 200m Breaststroke and 200m Freestyle will be reversed during Finals session **- Event to swim 2 per lane, fastest to slowest, alternating genders | | | |

| Session #2: Friday Dec 15th, 2017, Finals | | | |
|---|------------------|------------------------|-------------|
| Warm Up 4:00pm – 5:00pm, Start 5:00 pm | | | |
| FEMALE | Age Group | EVENT | MALE |
| 11 | Top 6 | 800m Freestyle* | 12 |
| 9 | All | 200m Breaststroke | 10 |
| 3 | All | 200m Butterfly | 4 |
| 5 | All | 400m Individual Medley | 6 |
| 7 | All | 50m Backstroke | 8 |
| -- | PARA | 100m Backstroke | -- |
| 1 | All | 200m Freestyle | 2 |
| 13 | 13 & Under | 4x50m Medley Relay | 14 |
| 15 | 14 & 15 | 4x50m Medley Relay | 16 |
| 17 | Open | 4x50m Medley Relay | 18 |
| "A" Finals to be Swum for each Age Group (13 & Under, 15 & 15, Open) and gender "B" Finals will be comprised of next six fastest swimmers of each gender, regardless of age. *Top six (6) fastest swimmers, mixed gender to swim during finals. | | | |





**Session #3: Saturday Dec 16th, 2017, Preliminary Heats
Warm Up 7:30am – 9:00am, Meet Starts 9:00 am**

| FEMALE | Age Group | EVENT | MALE |
|---------------|------------------|-------------------|-------------|
| 19 | All | 50m Freestyle | 20 |
| 21 | 13&Up | 100m Breaststroke | 22 |
| 23 | All | 200m Backstroke | 24 |
| 25 | 13&Up | 100m Butterfly | 26 |
| 27 | All | 400m Freestyle* | 28 |

*- Event to swim 2 per lane, fastest to slowest, alternating genders

**Session #4: Saturday Dec 16th, 2017, Finals
Warm Up 4:00pm – 5:00pm, Start 5:00 pm**

| FEMALE | Age Group | EVENT | MALE |
|---------------|------------------|-----------------------|-------------|
| 19 | All | 50m Freestyle | 20 |
| 21 | 13&Up | 100m Breaststroke | 22 |
| -- | PARA | 100m Breaststroke | -- |
| 23 | All | 200m Backstroke | 24 |
| 25 | All | 100m Butterfly | 26 |
| 27 | All | 400m Freestyle | 28 |
| 29 | 13 & Under | 4x50m Freestyle Relay | 30 |
| 31 | 14 -15 | 4x50m Freestyle Relay | 32 |
| 33 | Open | 4x50m Freestyle Relay | 34 |

"A" Finals to be Swum for each Age Group (13 & Under, 15 & 15, Open) and gender
"B" Finals will be compromised of next six fastest swimmers of each gender, regardless of age.





| Session #5: Sunday Dec 17th, 2017, Preliminary Heats | | | |
|--|------------------|------------------------|-------------|
| Warm Up 7:30am – 9:00am, Meet Starts 9:00 am | | | |
| FEMALE | Age Group | EVENT | MALE |
| 35 | All | 200m Individual Medley | 36 |
| 37 | All | 100m Freestyle | 38 |
| 39 | All | 50m Butterfly | 40 |
| 41 | 13&Up | 100m Backstroke | 42 |
| 43 | All | 50m Breaststroke | 44 |
| 45 | All | 1500m Freestyle* | 46 |
| *- Event to swim 2 per lane, fastest to slowest, alternating genders | | | |

| Session #6: Sunday Dec 17th, Finals | | | |
|--|------------------|---------------------------|-------------|
| Warm Up 4:00pm – 5:00pm, Start 5:00 pm | | | |
| FEMALE | Age Group | EVENT | MALE |
| 45 | Top 6 | 1500m Freestyle* | 46 |
| 35 | All | 200m Individual Medley | 36 |
| 37 | All | 100m Freestyle | 38 |
| 39 | All | 50m Butterfly | 40 |
| 41 | All | 100m Backstroke | 42 |
| 43 | All | 50m Breaststroke | 44 |
| 47 | 13 & Under | 4x100m Mixed Medley Relay | -- |
| 49 | 14 -15 | 4x100m Mixed Medley Relay | -- |
| 51 | Open | 4x100m Mixed Medley Relay | -- |
| "A" Finals to be Swum for each Age Group (13 & Under, 15 & 15, Open) and gender "B" Finals will be compromised of next six fastest swimmers of each gender, regardless of age. * Top six (6) fastest swimmers, mixed gender to swim during finals. . | | | |

