

Candy Cane Invitational
December 9th-11th, 2016

Location: Wilson's Aquatic Centre, Rath Eastlink Community Centre
625 Abenaki Road, Truro

Sanctioned By: Swim Nova Scotia

Hosted By: Truro Centurions Swim Club

Meet Manager: Mike Moyles
mmoyles@eastlink.ca

Meet Referee: Lynn Sitland
lsitland@live.com

Officials wishing to volunteer at this event please email **Kevin Sangster** with your preferred positions. Kevin can be reached at kevin.sangster@cibc.com

Entry Deadline: Teams must upload Hy-Tek entries to the National meet system. Entries will be received until midnight on **Sunday December 4th, 2016**. Changes will be allowed until **Tuesday December 6th at 5pm**. After that date, clubs will be required to pay for all entries.

A schedule of times and event numbers is attached for reference.

There will be no deck entries and no exhibition swims

Entry Fees: \$45 flat fee per swimmer, relays no charge. Each swimmer may enter a maximum of six (6) individual events.

Cheques are due at the start of the first warm-up on Friday. Payable to TCSC.

Eligibility: All SNC registered swimmers from Nova Scotia, who have graduated from the NovaTech program are eligible to compete. Out of province swimmers must have the 2016-17 NS Provincial Championship Standards (<http://swimnovascotia.com/wp-content/uploads/2016/07/NS-Provincial-Championship-Standards-2016-2017.pdf>)

PARA Swimmers: Swimmers that are PARA classified are eligible to attend (Coaches discretion). Clubs should enter any PARA swimmers in the open events for prelims; meet management will deck enter the PARA events during finals.

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Format:

SNC Rules will govern the meet; SNC Warm Up procedures will be in effect. The FINA One-start rule will be in effect.

Split Warm Ups will take place during preliminary events (mornings).

Warm Up sessions will be 45 minutes long. Splits will be as follows:

Friday Morning: 13 and Under then 14 and Over

Saturday Morning: 14 and Over then 13 and Under

Sunday Morning: 13 and Under then 14 and Over

Preliminary events (heats) will be swum seeded by time regardless of age.

Swimmers will be separated by age group for finals and reporting of results. Age groups will be as follows:

13 & Under

14 & 15

Open

“A” Finals for all age groups in each gender will be swum provided there are 12 eligible swimmers in the preliminary event. A “B” Final for each gender, made up of the next fastest eight (8) swimmers (regardless of age) will also be swum.

The 400/800/1500m Freestyle will be swum fastest to slowest, alternating gender. They will be seeded and swum as open/mixed genders and scored by age group and gender. Swimmers may choose to swim either the 800m or 1500m Freestyle but not both. Note that the fastest heat of 800/1500 will swim during finals, this heat may be mixed gender and will be finalized after the entry deadline.

Distance Freestyle - 400m, 800m, & 1500m may be swum 2 per lane.

12 & Under swimmers are not eligible to enter the 100m Individual events.

Relays:

Relays are swum by gender and age group (Female 13 & Under / Female 14 & 15 / Female Open and Male 13 & Under / Male 14 & 15 / Male Open)

There will be a maximum of 3 relays per team in each age group and gender.

Candy Cane Invitational
December 9th-11th, 2016

Athletes may swim up an age group, provided that there are 2 swimmers of the correct age in the relay. No swimmer will be allowed to swim down an age group.

Official Split Times: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall advise the Referee prior to the commencement of the session in question.

Awards: Ribbons for 1st to 8th place finishes in each age group (individual and relay events.) Best time ribbons for all 12 and under N.S. swimmers.

Scoring: 50-30-20-15-14-13-12-11 points for individual and relay events.

Canteen: There is a canteen available at the host facility.

Host Hotel: **Holiday Inn Truro - \$109 per night (plus applicable taxes)**
For direct booking please visit [Candy Cane Invitational Swim Meet](#)
To ensure this rate please mention that you are booking for the Candy Cane Invitational.

Candy Cane Invitational
December 9th-11th, 2016

Warm Ups:

Preliminary Heats:

8:00am-9:30am – Meet Starts 9:45am

Split Warm Up for Heats: 13 and Under – 8:00am – 8:45am / 14 and Over – 8:45am – 9:30am

Finals:

4:00pm-5:00pm – Meet Starts 5:15pm

Friday December 9 th , 2016 – Preliminary Heats			
Women's Event #	Age Group	Event	Men's Event #
1	All	200m Freestyle*	2
3	All	200m Butterfly	4
5	All	400m Individual Medley	6
7	All	50m Backstroke	8
9	All	200m Breaststroke*	10
11	All	800m Freestyle**	12
*- 200m Breaststroke and 200m Freestyle will be reversed during Finals Session **-Event to swim 2 per lane, fastest to slowest, alternating genders.			

Friday December 9 th , 2016 – Finals			
Women's Event #	Age Group	Event	Men's Event #
11	Top 8	800m Freestyle*	12
9	All	200m Breaststroke	10
3	All	200m Butterfly	4
5	All	400m Individual Medley	6
7	All	50m Backstroke	8
--	PARA	100m Backstroke	--
1	All	200m Freestyle	2
13	13 & Under	4x50m Medley Relay	14
15	14 & 15	4x50m Medley Relay	16
17	Open	4x50m Medley Relay	18
"A" Finals to be swum for each Age Group (13 & Under, 14 & 15, Open) and gender "B" Final will be comprised of next eight (8) fastest swimmers of each gender, regardless of age. *- Top eight (8) fastest swimmers, mixed gender to swim during finals			

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4:00pm-5:00pm – Meet Starts 5:15pm

Saturday December 10 th , 2016 – Preliminary Heats			
Women's Event #	Age Group	Event	Men's Event #
19	All	50m Freestyle	20
21	All	100m Breaststroke	22
23	All	200m Backstroke	24
25	All	100m Butterfly	26
27	All	400m Freestyle*	28
*-Event to swim 2 per lane, fastest to slowest, alternating genders			

Saturday December 10 th , 2016 - Finals			
Women's Event #	Age Group	Event	Men's Event #
19	All	50m Freestyle	20
21	All	100m Breaststroke	22
--	PARA	100m Breaststroke	--
23	All	200m Backstroke	24
25	All	100m Butterfly	26
27	All	400m Freestyle	28
29	13 & Under	4 x 50 Freestyle Relay	30
31	14 & 15	4 x 50 Freestyle Relay	32
33	Open	4 x 50 Freestyle Relay	34
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Finals:

4:00pm-5:00pm – Meet Starts 5:15pm

Sunday December 11 th , 2016 – Preliminary Heats			
Women's Event #	Age Group	Event	Men's Event #
35	All	200m Individual Medley	36
37	All	100m Freestyle	38
39	All	50m Butterfly	40
41	All	100m Backstroke	42
43	All	50m Breaststroke	44
45	All	1500m Freestyle*	46
*-Event to swim 2 per lane, fastest to slowest, alternating genders			

Sunday December 11 th , 2016 - Finals			
Women's Event #	Age Group	Event	Men's Event #
45	Top 8	1500m Freestyle	46
35	All	200m Individual Medley	36
37	All	100m Freestyle	38
39	All	50m Butterfly	40
41	All	100m Backstroke	42
43	All	50m Breaststroke	44
47	13 & Under	4 x 100m Mixed Medley Relay	--
49	14 & 15	4 x 100m Mixed Medley Relay	--
51	Open	4 x 100m Mixed Medley Relay	--
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